

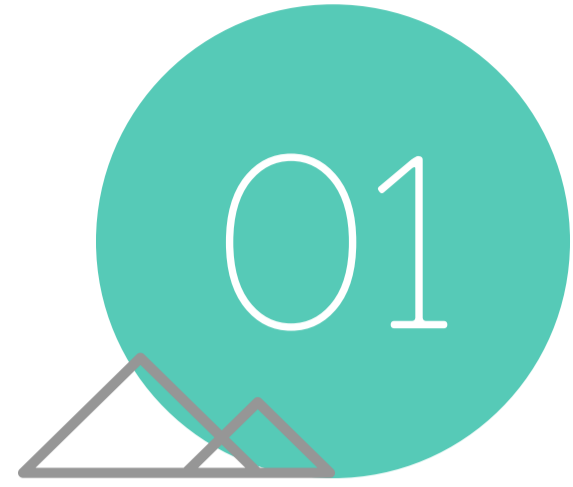


Cheyenne Regional Medical Center



Community Prevention: What We Do

The Institute of Population Health at Cheyenne Regional receives grant funds from the Laramie County Commissioners for the prevention of the use, misuse, or abuse of tobacco, or controlled substances, and activities designed to prevent suicide. Read below to see how we are tackling these issues in our community.



Alcohol



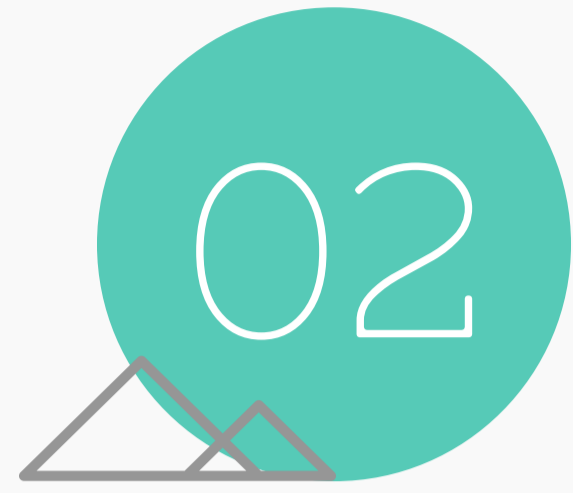
Cheyenne Police Department and Laramie County Sheriff's Office are implementing a directed patrol, designed to respond to incidents involving subjects under the influence of alcohol, opioids, or other drugs, as well as those who may be suicidal or suffer from mental illness.



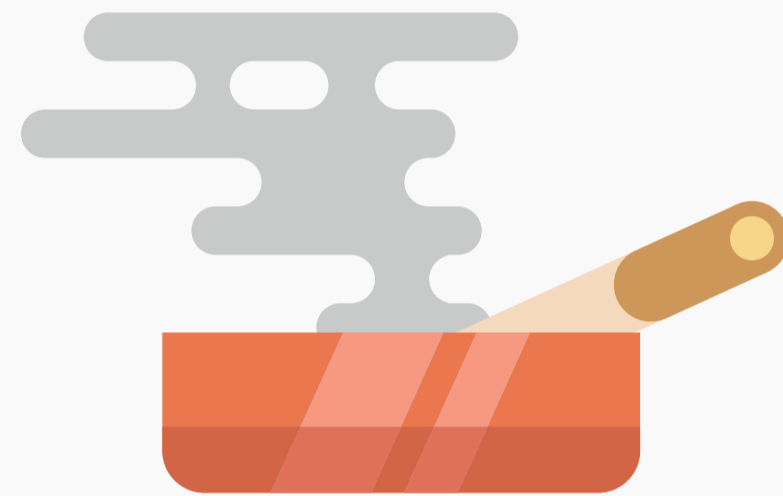
Recover Wyoming is conducting a Peer Specialist training for those with lived experience in mental health or substance use, so they can support individuals dealing with similar issues.



The Boys & Girls Club of Cheyenne and Big Brothers, Big Sisters are implementing evidence-based curriculum with youth to encourage the development of healthy and adaptive social-emotional skills so youth are able to make positive decisions regarding alcohol, substance use, and criminal activity.



Tobacco



Healthworks and Cheyenne Regional, Cardiac and Pulmonary Rehab are obtaining specialized training and offering on-site and community-based tobacco cessation classes.



PODER Academy is implementing evidence-based substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence.



Laramie County School Districts #1, #2 and Cheyenne Regional are offering education and technical assistance in the community on the harms of vaping, ensuring processes and policies include cessation resources, and using tools like vape detectors within the schools.



Other drugs



Cheyenne Regional is increasing safe storage and disposal of prescription drugs through partnerships with pharmacies, clinics, and other community organizations.



Cheyenne Police Department and Laramie County Sheriff's Office are enhancing enforcement in areas of high drug use or drug overdose, sending officers to Drug Recognition Expert training, and providing education to the community about drug trends.



Suicide



Grace for 2 Brothers and Cheyenne Regional are providing education on safe storage of firearms, ways to reduce access to lethal means during times of crisis, and distributing gun locks.



Wyoming Equality, Peak Wellness, and Grace for 2 Brothers are offering community training for suicide prevention, as well as developing their staff's own knowledge, skills, and abilities in suicide prevention, intervention, and postvention.



The Laramie County Coroner's Office is providing education, resources, and support on scene to help individuals immediately following a loss by suicide to prevent further suicides.

Contact Information

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